



## SAFETY STATEMENT

“Each member is but a small part of a greater whole. Our common welfare comes first. But individual welfare follows closely afterwards”-  
Alcoholics Anonymous, Tradition One (Long Form)

Some people come here unaware of what behaviors are appropriate and which are not. Behavior that disrupts the groups ability to carry out our primary purpose, or which directly endangers those present, threatens unity and serenity.

Violence in all forms-including all forms of harassment - sexual, personal, verbal, physical, psychological harassment amongst others - within meetings, after the meetings and online-is NOT acceptable. Members have the right to feel secure and safe in our organization. It is the groups responsibility to ensure that no member or visitor is subjected to or experiences bullying, harassment or offensive behavior. These are unacceptable and conflict with the positive spiritual principles and our traditions that we strive to live by in our program.

In cases of persistent inappropriate/predatory sexual/threatening/violent behavior that prevents serenity for the group or individual, consider this excerpt of a Letter from Bill W. (1969), “This amount of charity does not mean we cannot exclude those who disturb meetings or seriously threaten the functioning of the group. Such people can be asked to quiet down, go elsewhere, or to come back when they are better able to participate”

**H**ow does Anonymous Anonymous work?

**O**ne works through the Twelve Steps, with the help of someone else who has worked the Twelve Steps...

**W**e meet regularly to connect and share our experiences, strength, and hope.

In Anonymous Anonymous, the only requirement for membership is the desire to become your best self...

It works best with Honesty, Open-Mindedness, and Willingness.

This program is both an introductory and advanced course in living our best lives in accordance with the Twelve Steps.

Our primary focus lies on our similarities rather than differences.

Attendance is open and encouraged for everyone.

When you enter an Anonymous Anonymous meeting, you come as a human.

You needn't identify why you are attending, we are all attending to become our best selves...

In Anon Anon, we work together, gather together, and grow together based on that one common bond...

***Our Humanity***

## SPIRITUAL PRINCIPLES

Acceptance ▪ Patience

Kindness ▪ Compassion

Righteousness ▪ Understanding

Service ▪ Awareness

Discipline ▪ Responsibility ▪ Love

▪ Humility ▪ Willingness

Integrity ▪ Courage ▪ Surrender

Hope ▪ Honesty ▪ Faith ▪ Humility

Discipline ▪ Perseverance

Resilience ▪ Tenacity ▪ Gratitude

Optimism ▪ Generosity

Forgiveness ▪ Intention

Unconditional Love

Compassion ▪ Open-Mindedness

Insight ▪ Responsibility

Authenticity ▪ Contemplation

Calmness ▪ Contentment

Cheerfulness ▪ Charity

Commitment ▪ Conviction

Diligence ▪ Enthusiasm

Forgiveness ▪ Fortitude

Fairness ▪ Friendship

Forbearance ▪ Selflessness

Justice ▪ Joy ▪ Kindness

Moderation ▪ Serenity ▪ Trust

Temperance ▪ Patience

Vigilance ▪ Wisdom ▪ Reflection

Peace ▪ Mercy ▪ Contemplation

Probity