TWELVE STEPS OF ANONYMOUS ANONYMOUS

ONE
We admitted there are things we are powerless over, and seeking to control these things made our lives unmanageable.

TWO
We came to believe that a power greater than ourselves could help restore us to serenity.

THREE
We made a decision to turn our will and our lives over to the care of a higher power, as we understood them.

FOUR
We made a searching and fearless inventory of our assets and defects.

FIVE
We admitted to our higher power, to ourselves, and another person the contents of our inventory.

SIX
We became entirely ready to have our higher power remove our defects of character.

SEVEN
We humbly asked our higher power to remove our shortcomings.

EIGHT
We made a list of all the harm we have done, and became willing to make amends.

NINE
We made amends wherever possible, except when to do so would cause more harm.

TEN
We continued to take personal inventory and when we were wrong promptly admitted it.

ELEVEN
We sought through prayer and meditation to improve our conscious contact with our higher power, as we understood them.

TWELVE
Having had an awakening of our spirit as a result of these steps, we tried to carry a message of serenity to those still suffering and practice spiritual principles in all our affairs.

ANONYMOUS ANONYMOUS

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THE ONLY REQUIREMENT FOR MEMBERSHIP IS A DESIRE TO BE YOUR BEST SELF...

Anonymous Anonymous is a Twelve-Step Mutual Help Organization (TSMHO) meaning...

WE work the TWELVE-STEPS and HELP each other!

WE meet *EVERY* Wednesday at 6p.

WE meet at the Meadville Medical Center Assembly Hall 1034 Grove Street, Meadville PA 16335.

How does Anonymous Anonymous work?

One works through the Twelve Steps, with the help of someone else who has worked the Twelve Steps...

We meet regularly to connect and share our experiences, strength, and hope.

In Anonymous Anonymous, the only requirement for membership is the desire to become your best self…

It works best with Honesty, Open-Mindedness, and Willingness.

This program is both an introductory and advanced course in living our best lives in accordance with the Twelve Steps.

Our primary focus lies on our similarities rather than differences.

Attendance is open and encouraged for everyone.

When you enter an Anonymous Anonymous meeting, you come as a human.

You needn't identify why you are attending, we are all attending to become our best selves…

In Anon Anon, we work together, gather together, and grow together based on that one common bond…

Our Humanity

SPIRITUAL PRINCIPLES

Acceptance ▪ Patience
Kindness ▪ Compassion
Righteousness ▪ Understanding
Service ▪ Awareness
Discipline ▪ Responsibility ▪ Love
▪ Humility ▪ Willingness
Integrity ▪ Courage ▪ Surrender
Hope ▪ Honesty ▪ Faith ▪ Humility
Discipline ▪ Perseverance
Resilience ▪ Tenacity ▪ Gratitude
Optimism ▪ Generosity
Forgiveness ▪ Intention
Unconditional Love
Compassion ▪ Open-Mindedness
Insight ▪ Responsibility
Authenticity ▪ Contemplation
Calmness ▪ Contentment
Cheerfulness ▪ Charity
Commitment ▪ Conviction
Diligence ▪ Enthusiasm
Forgiveness ▪ Fortitude
Fairness ▪ Friendship
Forbearance ▪ Selflessness
Justice ▪ Joy ▪ Kindness
Moderation ▪ Serenity ▪ Trust
Temperance ▪ Patience
Vigilance ▪ Wisdom ▪ Reflection
Peace ▪ Mercy ▪ Contemplation
Probity